



Tulsa Fire Department

Protecting Community Life, Health, Property and the Environment
By Delivering Quality Life and Fire Safety Services.

Community Relations ~ Public Education Branch

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www.cityoftulsa.org/PublicSafety/Fire/

Water Safety

Drowning is a quick and silent killer. In the time it takes to ...

...cross the room for a towel (10 seconds), a child in the bathtub can become submerged.

...answer the phone (2 minutes), that child can lose consciousness.

...sign for a package at your front door (4 to 6 minutes), a child submerged in the bathtub or pool can sustain permanent brain damage.

Despite a 40 percent decline since 1987, drowning is still the second leading cause of unintentional injury-related death to children ages 1 to 14, taking more than 900 children's lives each year. For every child who drowns, four more are hospitalized for near-drowning; for every hospital admission, approximately four children are treated in hospital emergency rooms.

Knowledge is a powerful tool for combating these tragedies. Knowing how and where children drown, as well as the concrete steps you can take to avoid danger, may make a life-and-death difference for your family.

- **Never Swim Alone - Always Swim With A Buddy.**
- **Always Wear a Life Jacket or PFD When Your In A Boat.**
- **Make Sure That Your PFD Is Coast Guard Approved.**
- **Walk In Feet First The First Time - Do Not Dive In.**
- **Look Before You Leap - Beware Of Hazards In The Water.**
- **Always Have A Dedicated Adult Water Watcher.**
- **Never Run Around Docks Or Around Pools.**
- **Stay Away From Hot Tub Drains And Pool Drains.**
- **Learn To Swim and Learn CPR - It Could Save A Life.**
- **Throw – Don't go! When Someone Is In Trouble In The Water.**
- **Remember 911 Is The Phone Number For Emergencies.**

